Appl. No. 09/963,365

## AMENDMENTS TO THE SPECIFICATION

The paragraph beginning on page 4, line 17, is being amended as follows:

The effective amount of  $\alpha$ -CEHC and/or  $\gamma$ -CEHC as antioxidants in blood may be, but not limited to, about 200pmol/ml, for example.  $\alpha$ -CEHC and/or  $\gamma$ -CEHC show anti-oxidant action not only in vivo but also when contained in pharmaceuticals, foods, diet etc. and the like.  $\alpha$ -CEHC or  $\gamma$ -CEHC may be used alone or in combination.